



# Fundamentals of Care

Landskursus for Dermatologiske Sygeplejersker

8. Marts 2024

Helle Enggaard

Sygeplejerske & Postdoc

Forskningsenhed for Klinisk sygepleje, Aalborg Universitetshospital



AALBORG UNIVERSITY HOSPITAL

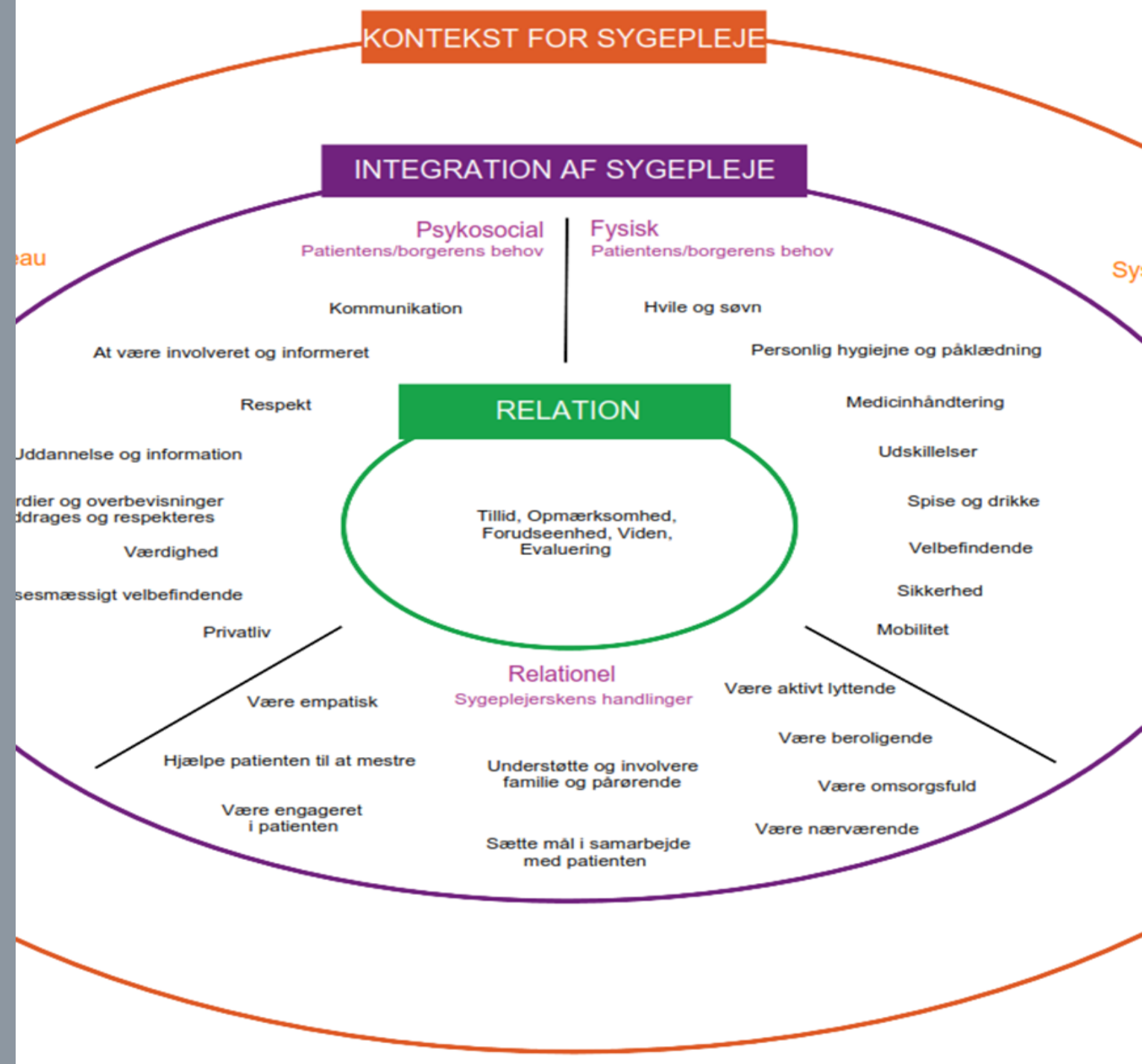
# AGENDA

Baggrunden for FoC

Hvorfor FoC på Aalborg UH

FoC rammen

FoC i klinisk praksis





INTERNATIONAL  
LEARNING  
COLLABORATIVE

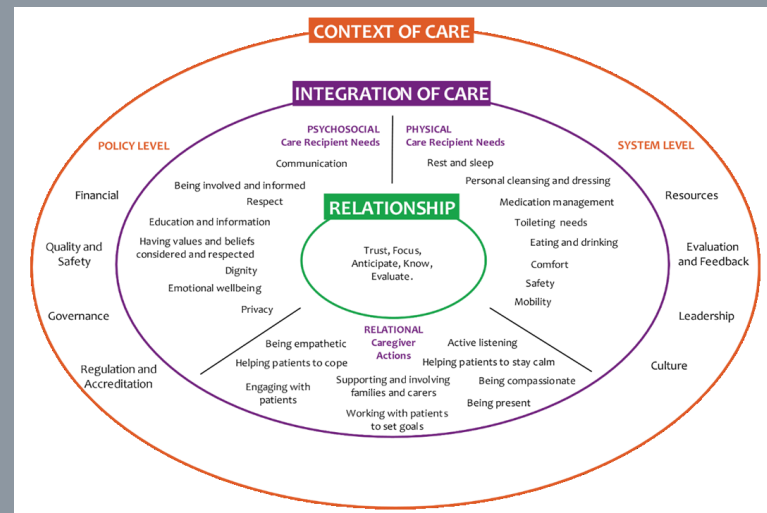
<https://ilccare.org>

# Udvikling af FoC - rammen

Afholdelse af seminar  
(klinikere, forskere, ledere)

Meta Narrativt Review

Patientperspektivet  
undersøges

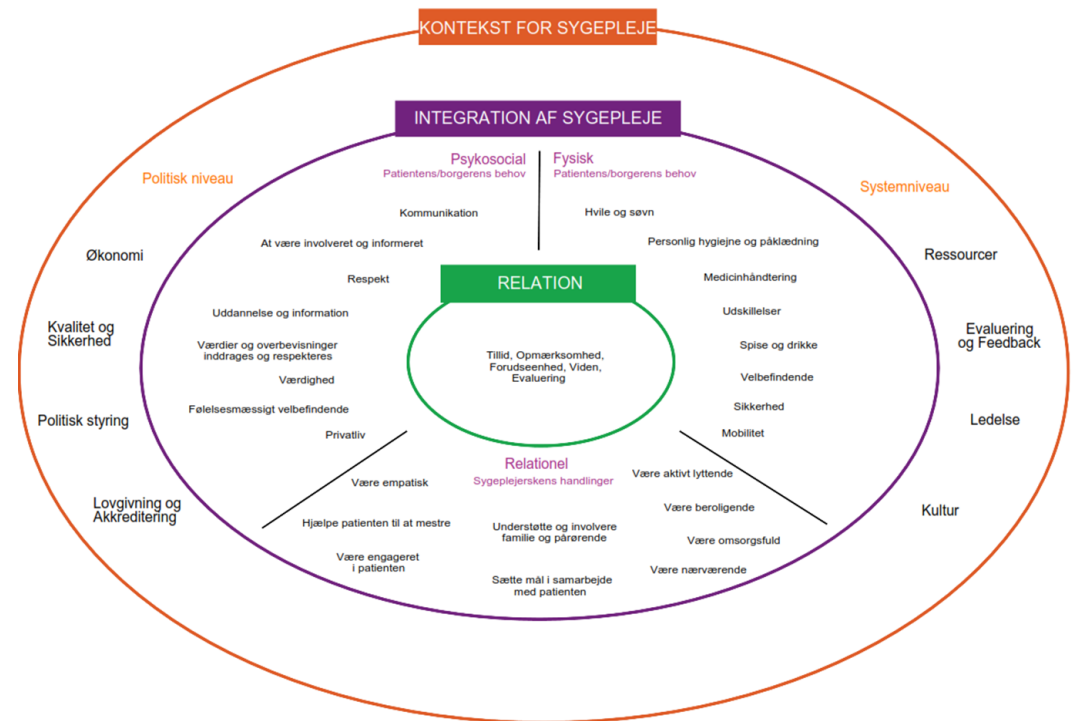
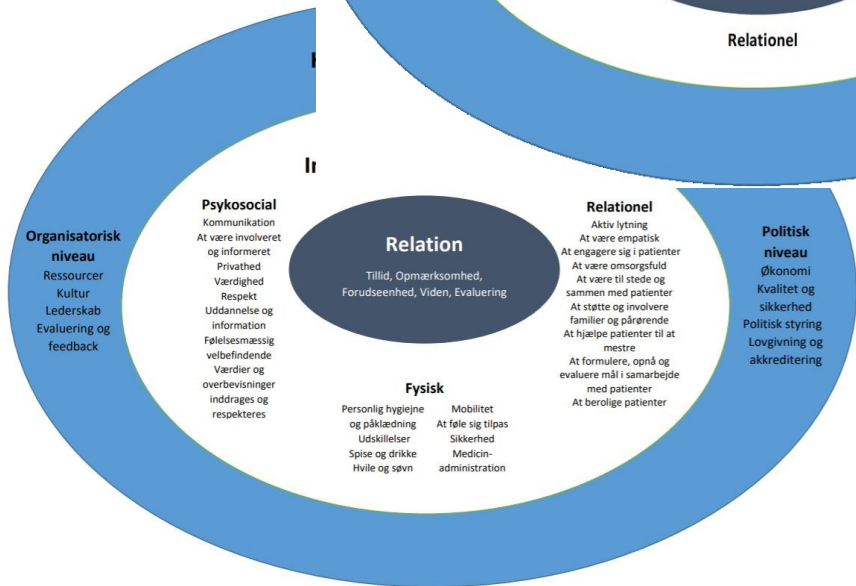
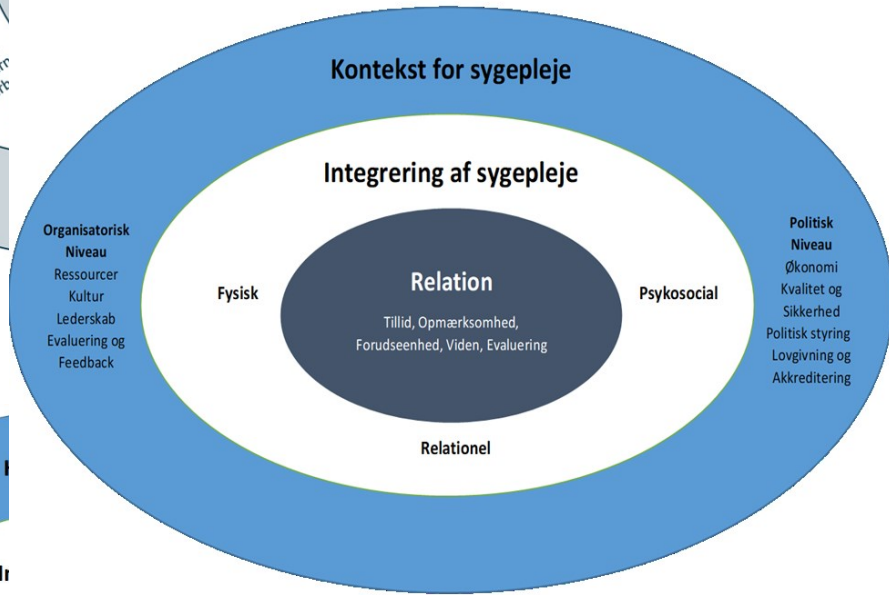
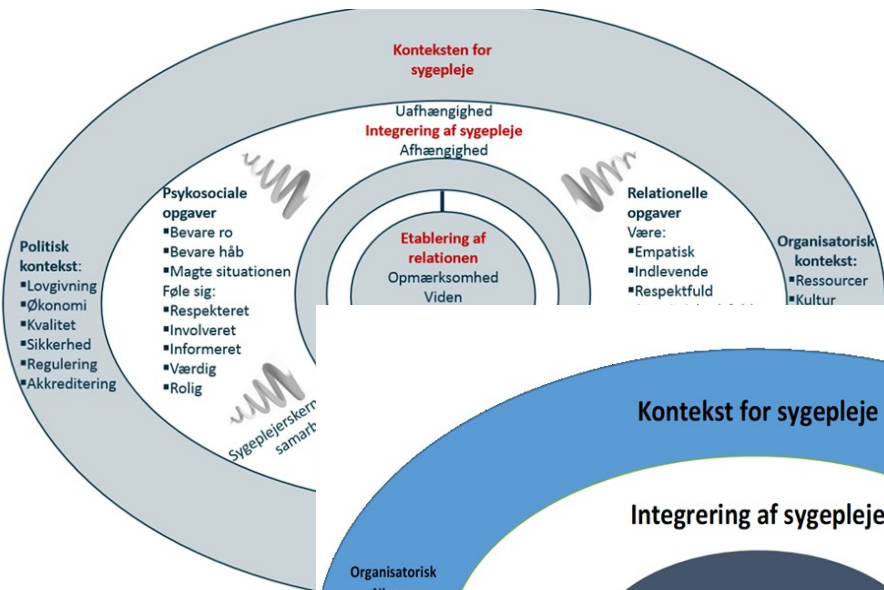


Forskning

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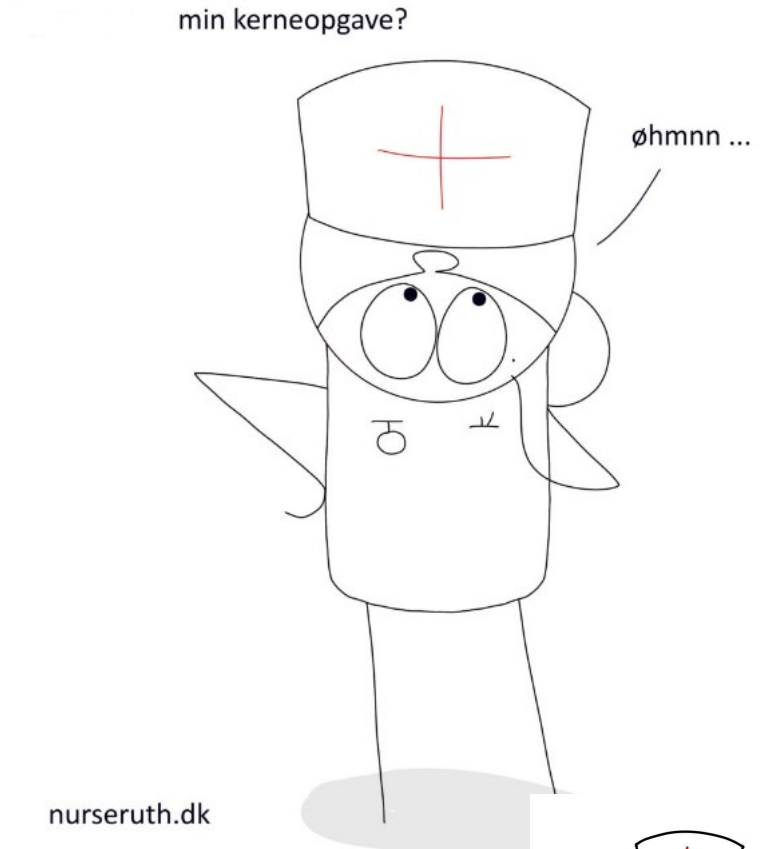
# Hvorfor valgte Aalborg UH FoC som ramme for sygepleje?

Vision for sygepleje var efterspurgt

Appellerer til samarbejde og et fællessprog for sygepleje

Inkludere fundamentale elementer i sygepleje  
- uanset kontekst

Fokus på kompleksitet i sygepleje  
- uanset kontekst





# EN TVÆRINSTITUTIONEL FORSKNINGSSTRATEGI FOR SYGEPLEJE I REGION NORDJYLLAND



Psykiatrien, Region Nordjylland



Aalborg Universitetshospital og Aalborg Universitet



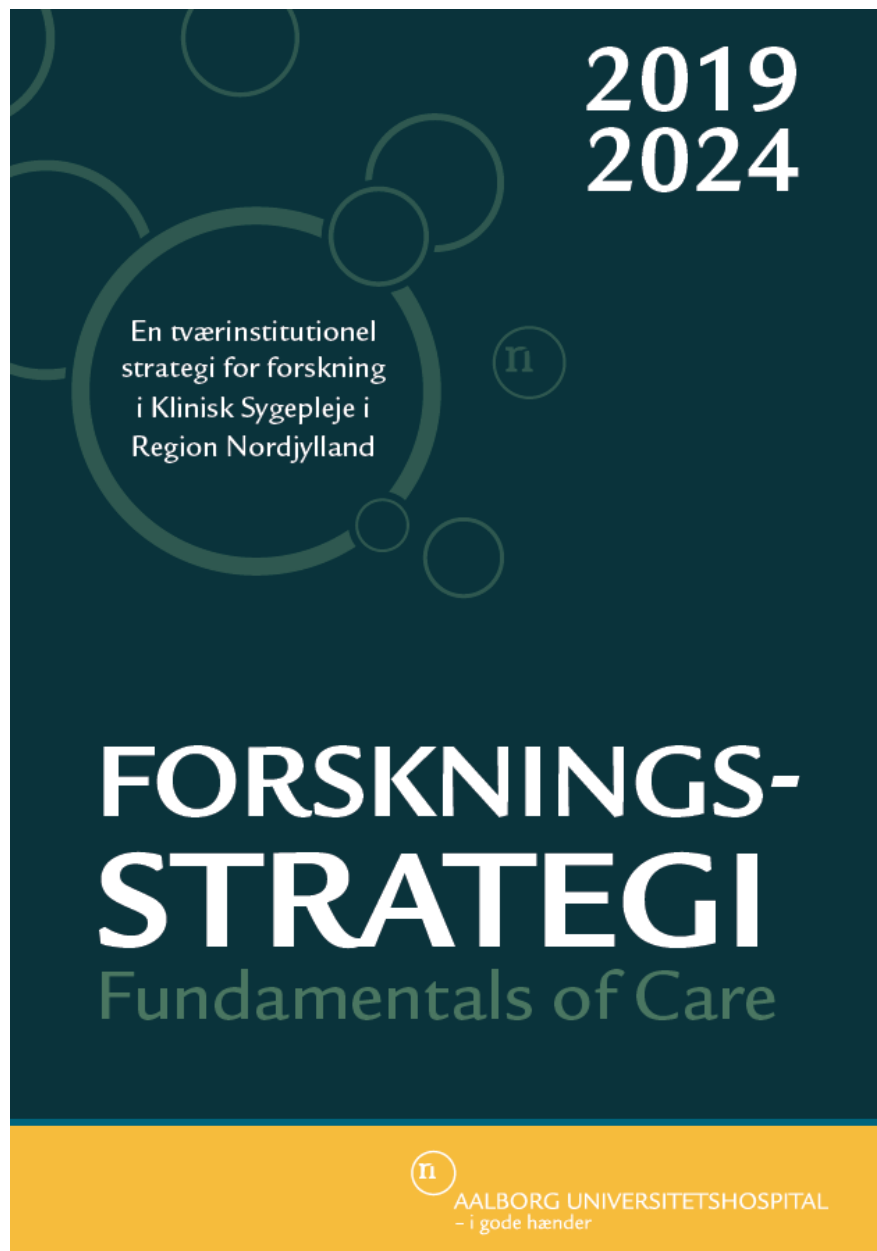
Regionshospitalet Nordjylland



Sygeplejerskeuddannelsen, UCN



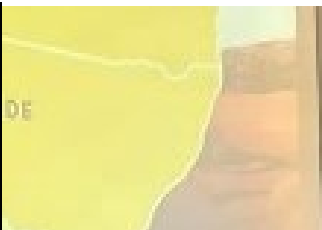
Aalborg Kommune







VICTORIA SQUARE  
BERRI  
MOUNT GAMBIER  
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RENMARK  
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ALICE SPRINGS  
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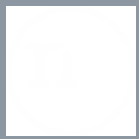


Flinders  
University



**#Fundamentals of Care is super cool**





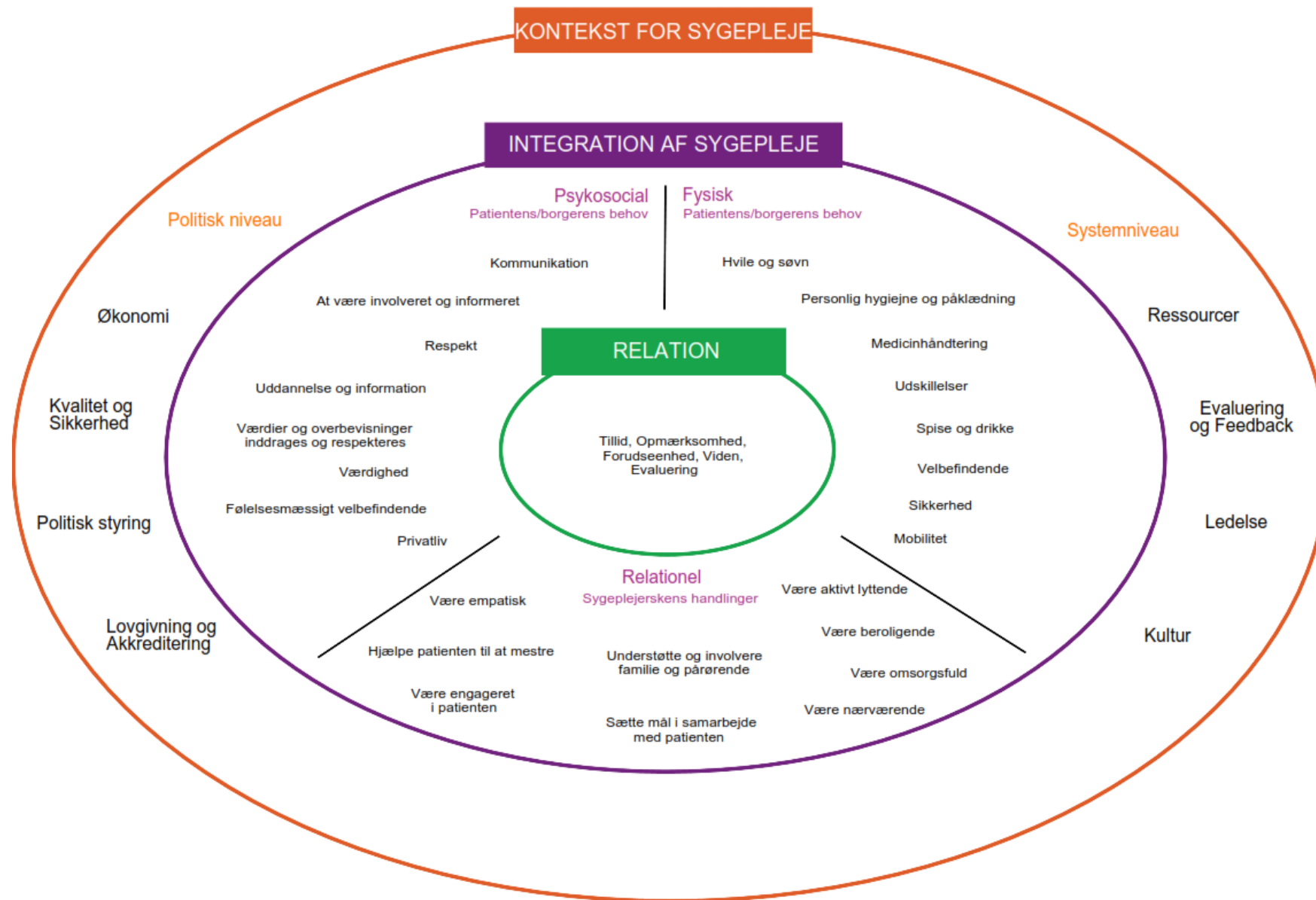
# Hvad er sygdom



# Definition på sygepleje

Sygepleje involverer sygeplejehandlinger, som respekterer og fokuserer på en persons essentielle behov med henblik på at sikre dennes fysiske og psykosociale velbefindende.

Disse behov imødekommes ved at udvikle en positiv og tillidsfuld relation med den person, der ydes sygepleje til samt med dennes familie/pårørende.







# INTEGRATION AF SYGEPLEJE

## Fysisk

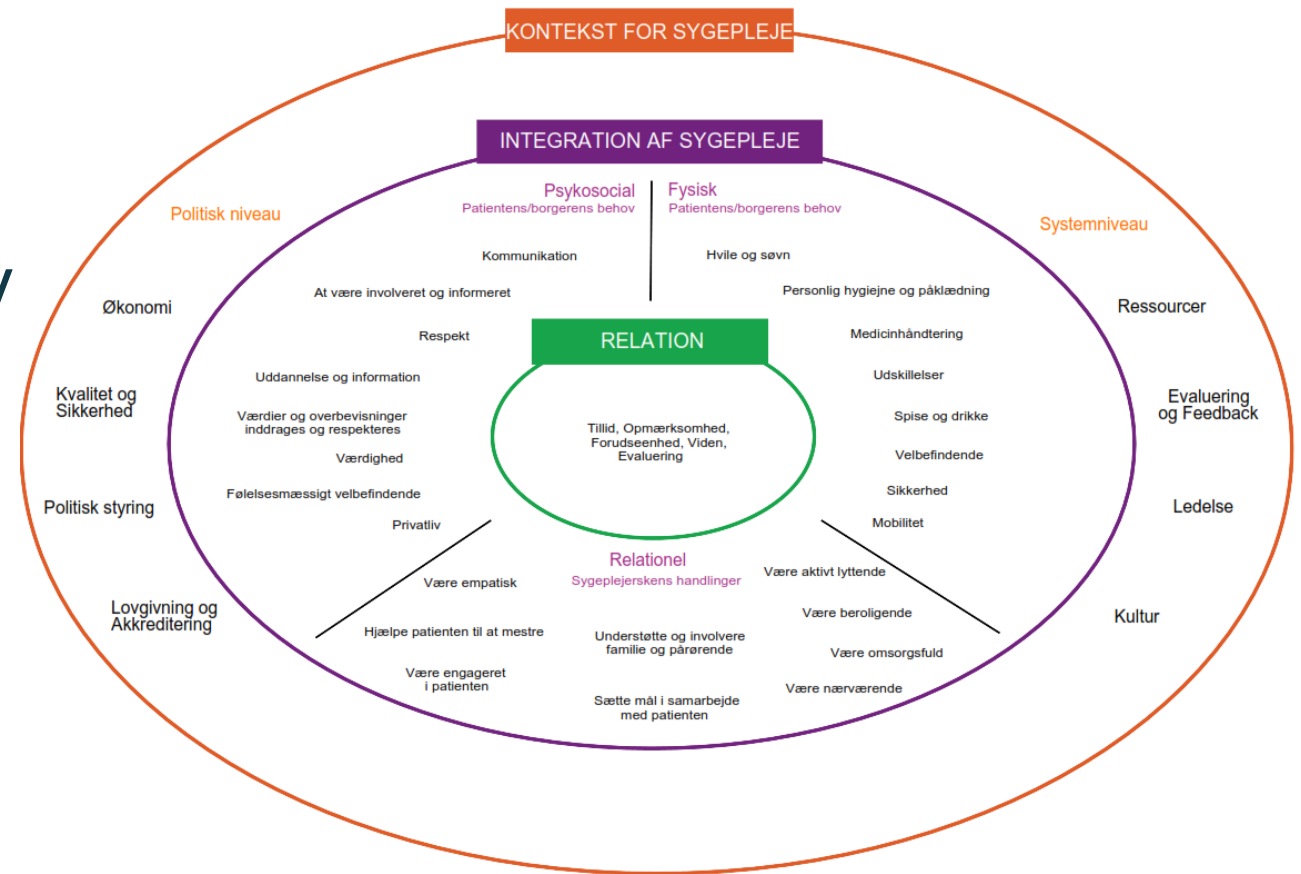
- Patientens fysiske behov

## Psykosocial

- Patientens psykosociale behov

## Relationel

- Sygeplejerskens handlinger





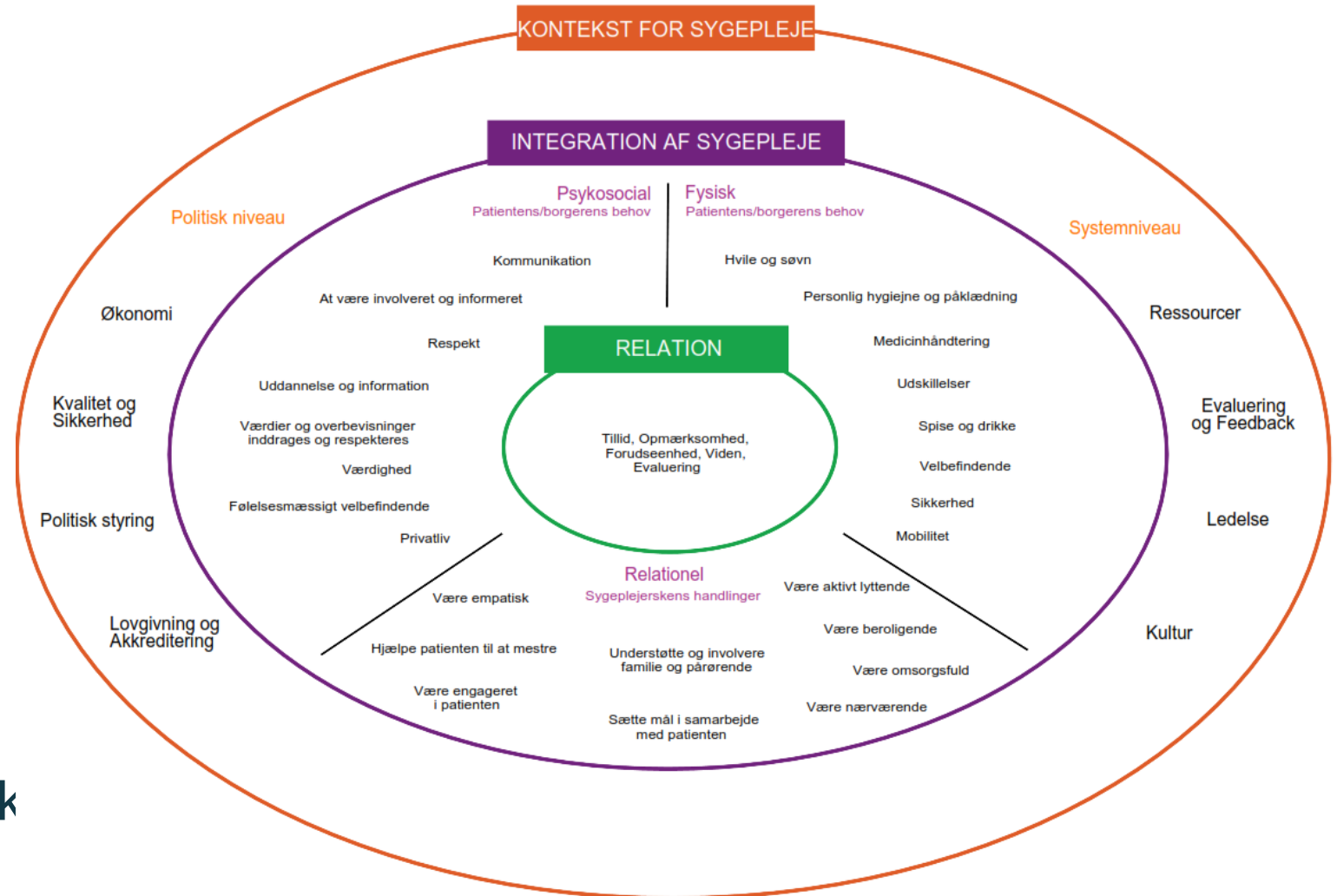
# KONTEKST FOR SYGEPLEJE

## Politisk niveau

- Økonomi
- Kvalitet/sikkerhed
- Politiske styring
- Lovgivning

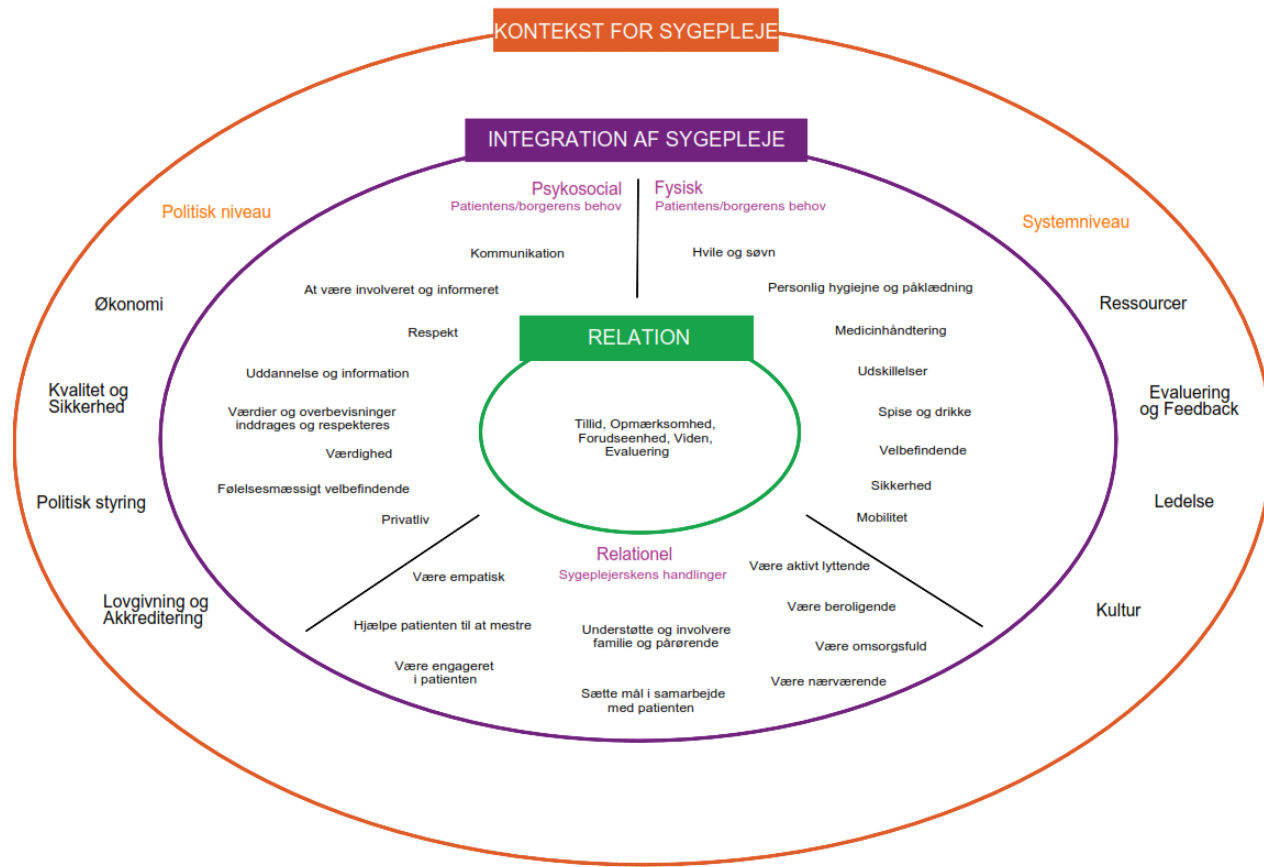
## System niveau

- Ressourcer
- Ledelse
- Kultur
- Evaluering og feedback





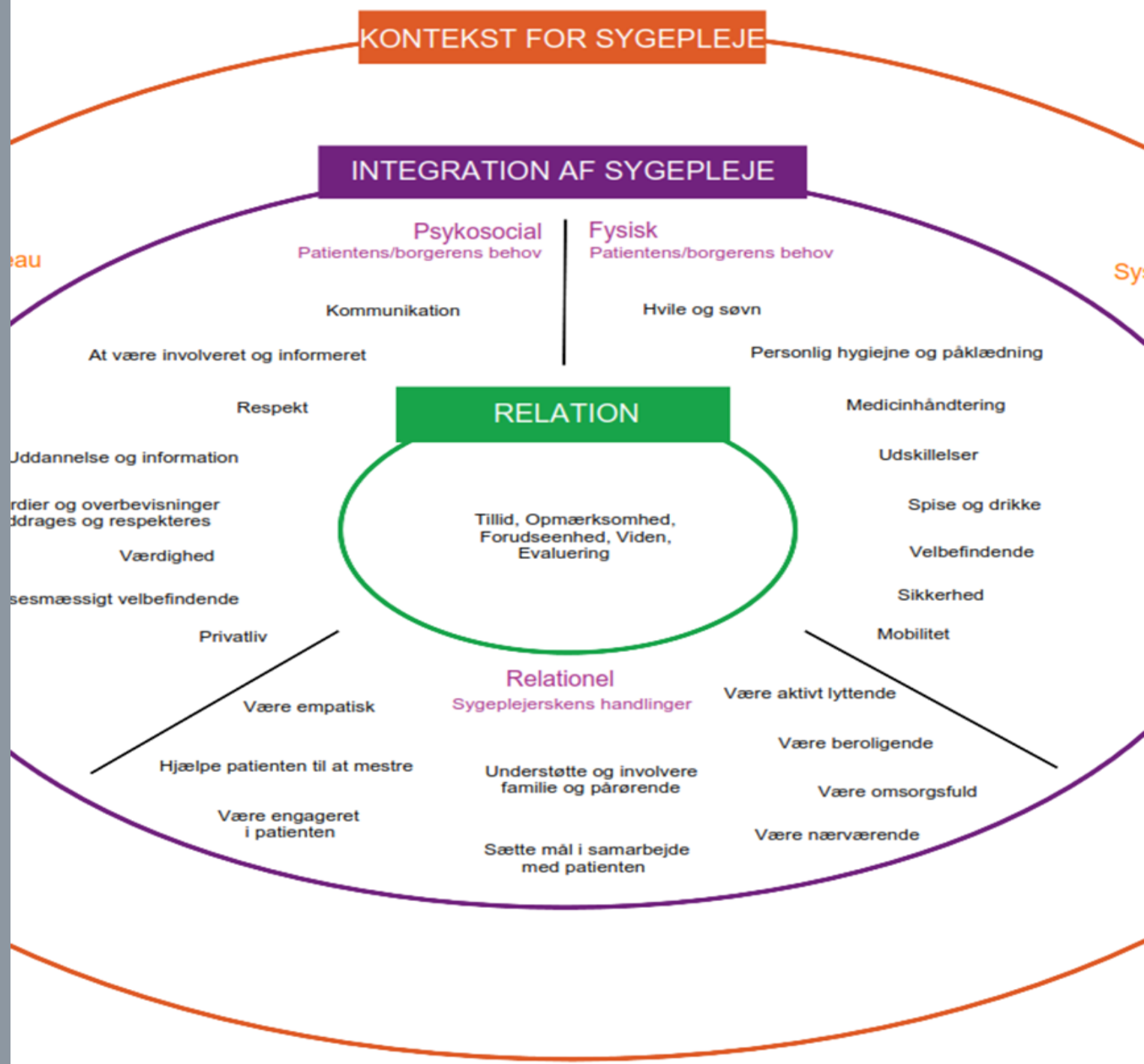
# Fundamental of Care rammen



- Beskriver hvad sikker, effektiv og kvalificeret sygepleje indebærer og fordrer
- Sætter fokus på personcentreret og situationsorienteret sygepleje
- Guider og stimulerer til refleksion over sygepleje, så ingen plejebehov udelades
- Fremhæver sygeplejens kompleksitet
- Appellerer til samarbejde og et fælles sprog for sygepleje



# FoC i klinisk praksis



## Mig før Fundamentals of Care

Janice Morse

Patricia Benner

Kari Martinsen

Tom Kitwood

Jocelyn Lawler

Åh ... hvad skal jeg dog vælge,  
jeg elsker Jer alle, men altså  
mest dig Virginia ..



Knue ...

Joyce Travelbee

Charlotte Delmar

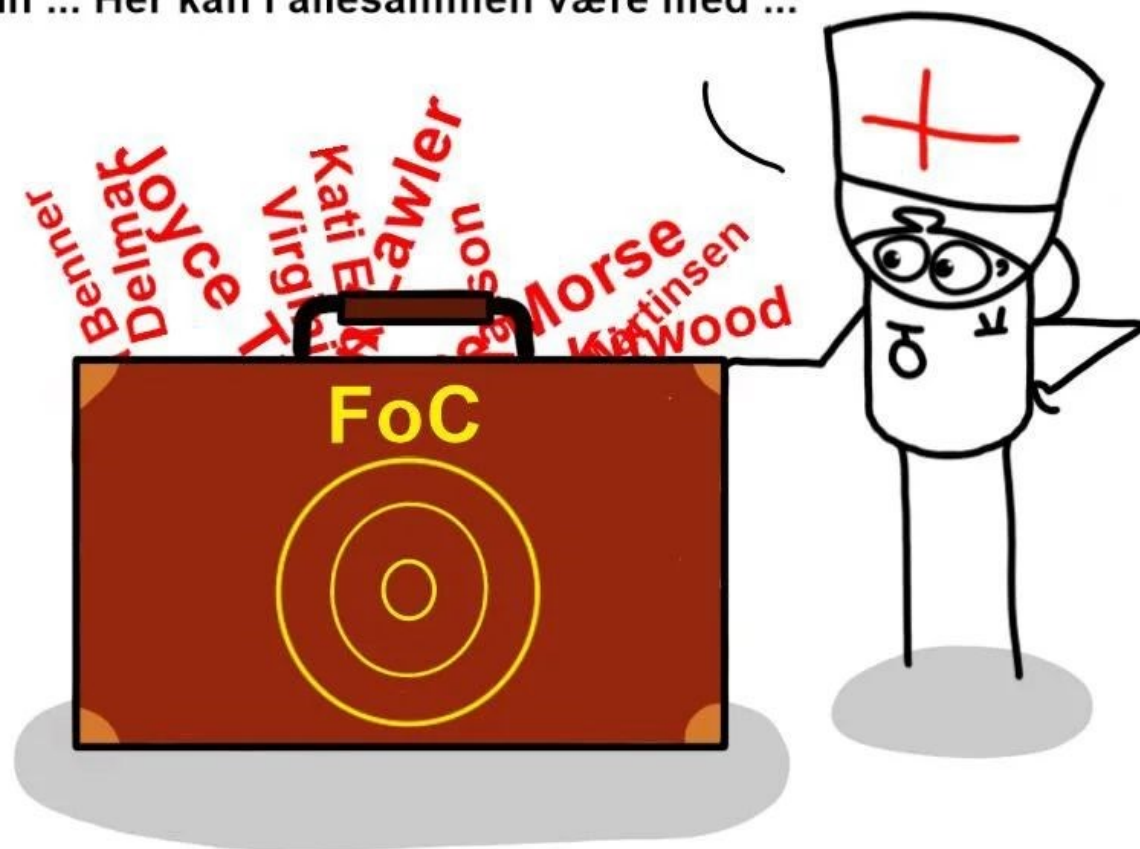
Jean Watson

Kati Erikson

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## Mig efter Fundamentals of Care

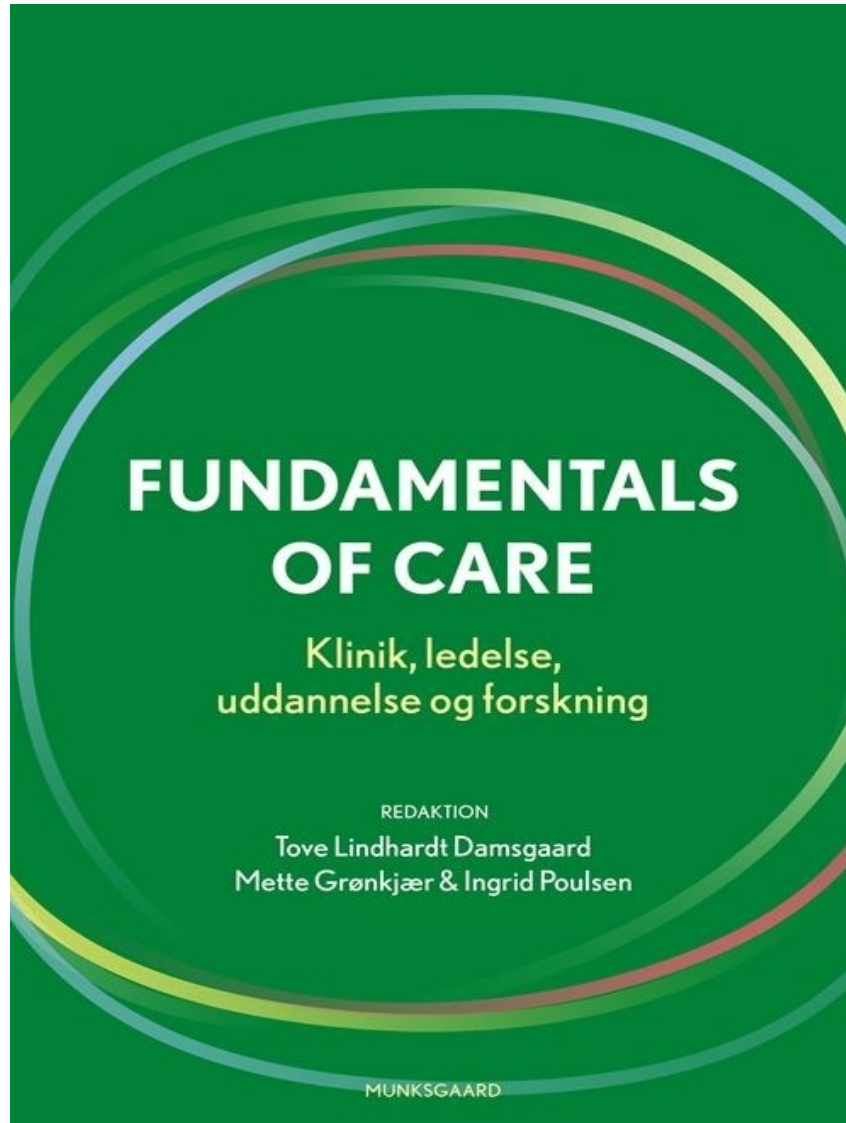
Ih ... Her kan I allesammen være med ...



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# Fundamentals of Care – på dansk



# Dermatologisk Sygepleje

REVIEW

Journal of  
Clinical Nursing

## A review of the impact and effectiveness of nurse-led care in dermatology

Molly Courtenay BSc, MSc, PhD, Cert Ed  
Professor of Prescribing and Medicines Management, University of Reading, Reading, UK

Nicola Carey BSc, MPH  
Senior Research Fellow, University

Submitted for publication: 2 December 2007  
Accepted for publication: 24 April 2008

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| Volume-3 | Issue-3 | May-Jun -2021 |

Review Article

## Nursing in Dermatology

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Independent Researcher

\*Corresponding Author  
Siniša Franjić

### Article History

Received: 22.04.2021  
Accepted: 02.06.2021  
Published: 06.06.2021

**Abstract:** Nurses in dermatology perform a number of specific clinical examinations of the skin and visible mucous membranes. In addition to local therapy, the use of ultraviolet light in the treatment of various dermatoses. Nurses prepare and administer treatments to patients with chronic wounds on the lower legs, the nurse conducts therapy for chronic wounds, a list for monitoring patients on the hospital ward, using a transfer list and a list to educate through the implementation of various forms of local therapy in the application of local therapy at home after discharge.

**Keywords:** Dermatology, Skin, Disease, Nurse.

South /

OBJN

ONLINE BRAZILIAN JOURNAL OF NURSING  
ISSN: 1676-4285

REVISION

## Skills of specialist nurses in Dermatology: a scoping review

### Competências do enfermeiro especialista em Dermatologia: revisão de escopo

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Maria Helena Santana Mandelbaum<sup>5</sup>

ORCID: 0000-0002-6432-507X

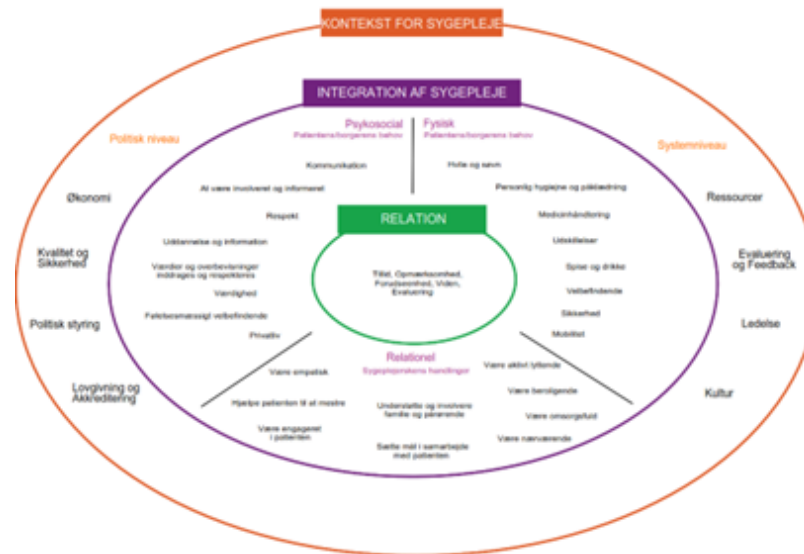
### ABSTRACT

**Objective:** To map the competencies of specialist nurses in Dermatology. **Method:** A scoping review was conducted according to the recommendations of the Joanna Briggs Institute (JBI). The Population, Concept, and Context framework established the research question. The search for publications was carried out in different sources, including Cumulative Index to Nursing and Allied Health Literature (CINAHL), Latin America and the Caribbean Literature on Health Sciences (LILACS), National Library of Medicine (MEDLINE) via PubMed, Scopus, Embase, and the Cochrane Library. Additionally, expert association websites and Google Scholar were searched. No language or time restrictions were applied. **Results:** Seventeen publications were selected, originating the categories: integral evaluation of the dermatological patient, drug prescription, early detection and prevention of skin cancer, wound care, and aesthetics. **Conclusion:** Faced with the vast possibilities for nurses to work in Dermatology, there is a need to expand the discussion and research on the subject.

**Descriptors:** Nursing; Professional Competence; Dermatology.

# Patienters oplevelse af sygepleje i lyset af FoC

Patienters vurderer sygeplejen god, når sygepleje imødekommer deres fysiske, psykosociale og relationelle behov i en og samme situation.



Accepted: 20 December 2017

DOI: 10.1111/jon.14251

SPECIAL ISSUE FUNDAMENTAL CARE - ORIGINAL ARTICLE

WILEY Journal of Clinical Nursing

## Descriptions of fundamental care needs in cancer care—An exploratory study

Åsa Muntlin Athlin PhD, RN, Associate Professor<sup>1,2,3,4</sup> | Maria Brovall PhD, RN, Associate Professor<sup>5,7</sup> | Yvonne Wengström PhD, OCN, Professor<sup>5,6</sup> | Tiffany Conroy RN, MNSc, FACN<sup>3,8</sup> | Alison L. Kitson BSc Hons, DPhil, RN<sup>3,9</sup>

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<sup>5</sup>Department of Neurobiology, Care Sciences and Society, Division of Nursing, Karolinska Institutet, Huddinge, Sweden

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### Correspondence

Åsa Muntlin Athlin, Department of Emergency Care and Internal Medicine, Uppsala University Hospital, Uppsala, Sweden.  
Email: asa.muntlin@pubcare.uu.se

### Funding information

Uppsala University Hospital, Uppsala, Sweden; University of Adelaide, Adelaide, Australia; Karolinska Institute, Stockholm, Sweden.

**Aims and objectives:** To explore the experiences of the fundamentals of care for people with a cancer diagnosis, from diagnosis to after adjuvant treatment.

**Background:** More focus is needed on the experience of people living with cancer, as current cancer care more emphasises on independence and resilience without fully acknowledging that there will be moments in the cancer journey where patients will need “basic nursing care” to manage their symptoms and care pathways.

**Design:** Secondary analysis of qualitative data.

**Method:** Secondary thematic analysis of interview data from 30 people with a diagnosis of breast ( $n = 10$ ), colorectal ( $n = 10$ ) or prostate ( $n = 10$ ) cancer was undertaken.

**Results:** The findings revealed vivid descriptions of the fundamentals of care (i.e., basic needs) and participants described physical, psychosocial and relational aspects of the delivery of care. Both positive (e.g., supportive and kind) and negative (e.g., humiliating) experiences related to the relationship with the healthcare professionals were re-counted and affected the participants’ experiences of the fundamentals of care. Participants’ accounts of their fundamental care needs were provided without them identifying who, within the healthcare system, was responsible for providing these needs. Specific nursing interventions were seldom described.

**Conclusion:** Some people with a cancer diagnosis have to strive for help and support from the nursing staff to manage to regain control over their recovery. Nurses in cancer care need to focus on the patients’ fundamental care needs to optimise their patients’ recovery.

**Relevance to clinical practice:** Cancer patients require support with their fundamental care needs and nurses need to be more aware of this and integrate it into the caring relationship. It is imperative that the complexity of the nurse–patient relationship is acknowledged and that models of care which honour this complexity are used.

### KEYWORDS

cancer care, fundamentals of care, nursing care, person-centred care, qualitative study, secondary analysis



# Sygepleje i korte kontakter

FoC fordre:

- Etablering af en tillidsfuld relation
- Konteksten – kort tid med patienten
- Integrering af sygepleje med fokus på patientens fysiske og psykosociale behov

Research Article

## Fundamentals of Care in Time-Limited Encounters: Exploring Strategies that can be used to Support Establishing a Nurse-Patient Relationship in Time-Limited Encounters

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<sup>2</sup>Clinic for Neuro-, Head- and Orthopaedic diseases, Aalborg University Hospital, Aalborg, Denmark

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<sup>4</sup>Tromsø, Department of Omsorg og Helsefag, Health Faculty, Norways Arctic University, Norway

<sup>5</sup>VID, Health Faculty, campus Oslo and campus Bergen

<sup>6</sup>Department of Clinical Medicine, Aalborg University, Aalborg, Denmark

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### ABSTRACT

**Aim:** To explore how establishing a relationship occurs in nursing in technologically advanced facilities during time-limited care encounters. It suggests strategies nurses may use to support the delivery of relationship-based integrated fundamental care, and explores validity of the Fundamentals of Care (FoC) frameworks core in time-limited care encounters.

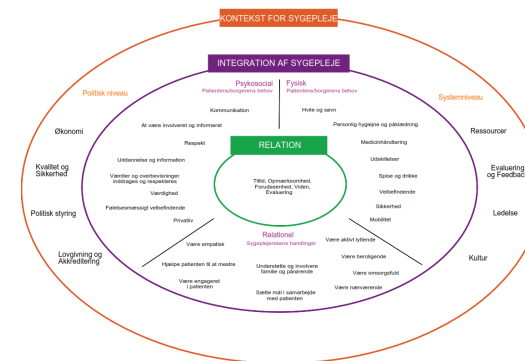
**Background:** Despite focus on high-quality nursing care, fundamental aspects of care are still occasionally delivered inadequately. A lack of research describes what high-quality nursing care in time-limited encounters includes and how it can be delivered.

**Methods:** A secondary analysis of data from a PhD study focusing on nursing in time-limited encounters using the FoC framework as the interpretative guide. The focus was on establishing relationships, the core of the FoC framework that includes a dynamic interaction between focusing, knowing, anticipating and evaluating to maintain trust.

**Results:** Results for each of the five core concepts are presented through concept descriptions and scenarios from a time-limited encounter, followed by potentially useful strategies.

**Conclusions:** Strategies used to establish and maintain a relationship and thereby to deliver relationship-based integrated fundamental care are universal. All nurses in every context - whether time-limited or not - need finely tuned communication skills to provide individualised nursing care. However, the difference rests in understanding which communication components to give priority in the individual situation.

**Relevance to clinical practice:** This study's in-depth contextual descriptions of the FoC frameworks core concepts may help nurses understand how the framework can be integrated into their understanding of their daily practice.

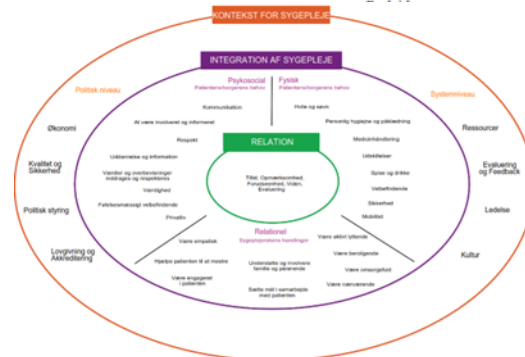




# Sygeplejerskers perspektiv på FoC

FoC har klinisk relevans:

- Sprog for sygepleje
- Opmærksomhed på alle patientens behov for sygepleje
- Understøtte klinisk lederskab
- Refleksionsramme



### Bedside nurses' perspective on the Fundamentals of Care framework and its application in clinical practice: A multi-site focus group interview study



Åsa Muntlin <sup>a,b,c,\*</sup>, Eva Jangland <sup>d</sup>, Brit Laugesen <sup>e,j</sup>, Siri Lygum Voldbjerg <sup>f,k</sup>, Lena Gunningberg <sup>g</sup>, Kathleen Greenway <sup>h</sup>, Clair Merriman <sup>h</sup>, Mette Grønkjær <sup>f</sup>, Maud Heinen <sup>i</sup>, Getty Huisman-de Waal <sup>i</sup>

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#### ARTICLE INFO

##### Article history:

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##### Keywords:

#### ABSTRACT

**Background:** A changing nursing workforce and an increase in demands for care together with more complex care, raise arguments that leading and guiding nursing practice is more challenging than ever. Therefore, nurses need to have a shared agenda and a common language to show the importance of nursing care and the consequences of not addressing this in an appropriate way. In response to this the Fundamentals of Care framework was developed to also contribute to the delivery of person-centred care in an integrated way. However, to gain acceptance and applicability we need to ensure the framework's relevance to clinical practice from bedside nurses' perspectives. **Objective:** To describe bedside nurses' perspectives on the Fundamentals of Care framework and how it can be applied in clinical practice.

**Design:** A descriptive qualitative design informed by the Fundamentals of Care framework

**Setting(s):** The study was undertaken at seven hospitals in Sweden, Denmark and the Netherlands during 2019. **Participants:** A total sample of 53 registered nurses working at the bedside participated. Participants had a wide variety of clinical experience and represented a range of different nursing practice areas.

**Methods:** Twelve focus group interviews were used to collect data and analysed with a deductive content analysis



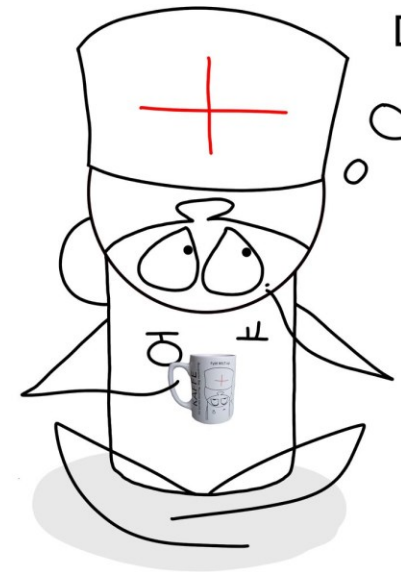
# FoC som en del af dermatologisk sygepleje

## NurseSecret

- Du er ikke alene



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Det er sikkert kun mig ...

nurseruth.dk





TAK FOR JERES OPMÆRKSOMHED

Postdoc

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Aalborg Universitetshospital

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